



PROGRAM LENGTH: 3 months – full-time

BRIEF DESCRIPTION: The Life Skills program provides an opportunity to learn effective problem-solving skills and build self esteem. This will be accomplished through structured experiential learning. Over the term of this 3-month program, students will identify personal values, strengths and growth potential. They will practice skills associated with responsible decision-making, problem-solving and evaluating, as they relate to effective self-management in an educational or work place setting. Students will practice selecting appropriate alternatives in response to real life situations. They will evaluate these selected courses of action according to criteria identified by the students themselves. This could include effective use of resources, satisfactory outcomes, and application of past learning experiences.

PROGRAM OF STUDY: SLLM0001 Life Management Training

PROGRAM DELIVERY: Classroom instruction

ADMISSION REQUIREMENTS: - 17 years of age.
- Completed college application form and an identified funding source are required.
- Ready, willing and able.
- Assessment by both Life Skills coach and an Educational Counsellor.

COST ESTIMATES: For Full-time Students	Tuition (12 weeks@ \$106.00/week)	\$ 1272.00	(all fees are under review)
	Student Association Fee	\$ 70.00	
	Learning Resource Fee (12 weeks @ \$31.00/wk)	\$ 372.00	

TOTAL ESTIMATED COSTS: \$ 1714.00

Supplies (estimate) \$ 100.00 (not paid to NLC)

PROGRAM OFFERINGS: TBA

OFFERING DATES: **Offering I:** October 4, 2010 – December 21, 2010
Offering II: March 1, 2011 - May 27, 2011

APPLICATION PROCESS:

- ❑ **APPLICATION:** Complete and submit the Northern Lakes College application form (available at all Northern Lakes College locations and on the College website at www.northernlakescollege.ca). Applications can be faxed to 780-751-3355.
- ❑ **ADMISSIONS INTERVIEW:** Applicants must attend an admissions interview with the Life Skills Coach to discuss the program and whether it will meet their needs.
- ❑ **FUNDING INTERVIEW:** After the admissions interview has been completed, applicants must meet with a College counsellor to discuss funding and other arrangements for attending the program.
- ❑ **ACCEPTANCE:** After the admissions and funding interviews have taken place, an Admissions Committee reviews the applications and makes decisions regarding acceptance. If accepted, the applicant will be offered a space in the next available offering of the program. In some cases, the spaces at a specific location may be full and accepted applicants will be placed on a waitlist. These applicants will be accepted in the order of first qualified, first served. It may also be possible to transfer to another location if there is space. Applicants will receive a letter informing them of their acceptance status.
- ❑ **REGISTRATION:** Before the start date of the program, accepted applicants will receive information about registration dates, times, locations and other information to assist them in planning.

CONTACT INFORMATION:

For any assistance, questions or concerns, the following college staff is available:

Program Contact: Cleo Carifelle (780) 849-8603
e-mail: carifellec@northernlakescollege.ca

For questions about program content, admission requirements, status of your application

Campus Phone Numbers: Toll free: 1866-652-3456

To schedule the Funding Interview with the Counselor

Counselling Services: Call your local campus

For questions regarding funding, support services. Applicants should call the campus they wish to attend to schedule their funding interview.

Program Advisor: J. D. Szezepaniak (780)891-3766 ext. 8073
e-mail: szezepaniakj@northernlakescollege.ca

Program Director: Rachel Ouellette (780)849-8676
e-mail: ouelletter@northernlakescollege.ca