

Part and Full Time 2025 - 2026

PROGRAM LENGTH: 20 Months

BRIEF DESCRIPTION: The Child and Youth Care program at Northern Lakes College prepares students to work effectively with children, youth, families, and communities. It covers mental health, trauma-informed care, assessments, interventions, advocacy, and ethical practice. The program combines theoretical learning, experiential activities, and practicum opportunities to address the complex needs of individuals affected by trauma and mental health challenges. It includes core Child and Youth Care courses and two university-level courses in English and Psychology, which can be completed at different times during the program. Most of the theoretical content is delivered online via Microsoft Teams and Brightspace (LMS). The program also includes three full-time practicums, totaling 750 hours, which allow students to apply their learning in real-world settings under supervision. Graduates will be equipped to pursue careers in therapeutic care, schools, the justice system, and government organizations, providing trauma-informed care and advocacy for social justice.

PROGRAM OF STUDY:

Year 1

Term 1:	CYCD1010	Foundations of Child and Youth Care (3)
	CYCD1020	Introduction to Counselling in Child and Youth Care (3)
	CYCD1030	Indigenous History of Children, Youth, and Families in Canada (3)
	ENGL1000	Introduction to English and Literature (3)
	CYCD1050	Introduction to Families: Diversity and Interventions (3)
Term 2:	CYCD1040	Professional Communication for Child and Youth care Practitioners
	PSYC1060	Psychology for the Health Care Professional (3)
	CYCD1060	Mental Health in Child and Youth Care Practice (3)
	CYCD1070	Supporting Children and Youth Across Sectors in Child & Youth Care Practice (3)
Term 3:	CYCD1075	Practicum I (3)

Year 2

Term 1:	CYCD2010	Trauma-Informed Communication for Child and Youth Practitioners (3)
	CYCD2020	Ethics of Child and Youth Care (3)
	CYCD2030	Therapeutic Activities and Planning in Child and Youth Care Practice (3)
	CYCD2040	Supporting Families in Child and Youth Care Practice (3)
	CYCD2045	Practicum II (5)
Term 2:	CYCD2050	Capstone (3)
	CYCD2060	Assessment and Treatment Planning for Child and Youth Care (3)
	CYCD2070	Land Based Interventions for Child and Youth Care Practitioners (3)
	CYCD2075	Practicum III (5)

PROGRAM DELIVERY: This program is delivered online using Bongo and Brightspace and includes synchronous and asynchronous self-directed study and 3 field/practicum placements (750 hours) in both 1st (180 hours - Spring Term) and 2nd year (Fall Term - 285 hours and Winter Term - 285 hours). In Child and Youth synchronous courses attendance is mandatory. University Studies course attendance, although encouraged, is not mandatory.

To learn more about Microsoft Teams and to experience using it, check out this guide: <https://teamsdemo.office.com/#/>

To learn more about D2L/Brightspace, check out this guide: <https://www.northernlakescollege.ca/public/download/files/101449>

ADMISSION REQUIREMENTS: Fluency in English. 65% in English 30-1 or a minimum of 80% in English 30-2 or equivalent. If academic requirements are not met, you may complete an ACCUPLACER assessment. If academic requirements are not met, you may complete an ACCUPLACER assessment. Contact accuplacer_exam_scheduling@northernlakescollege.ca to book your ACCUPLACER test or admissions@northernlakescollege.ca for other Accuplacer inquiries.

All post-secondary transcripts must accompany the application.

For international students, refer to the International Student Guide.

OTHER IMPORTANT INFORMATION:

Students must be at least **18 years of age** at the time of practicum. Reliable high speed internet connection are required.

Note: Information regarding any criminal record is required to facilitate field placements. Field placement agencies may require a Police Information Check with a Vulnerable Sector Check and an Intervention Record Check. The inability to present clear checks may prevent a student from completing the program requirements. Contact the Program Coordinator for further information.

Note: Because of the nature of the program, students must not be abusing alcohol or drugs for at least 1 year prior to applying. In addition, students must not be abusing drugs or alcohol for the duration of the program.

EMPLOYMENT OPPORTUNITIES: Child welfare and family support agencies, Community and recreations centers. Mental health and addictions agencies, Schools, after school programs and early intervention programs, Young offenders' programs, First Nations and Metis organizations, Non-profit community agencies.

COST ESTIMATES: **Note: All fees are subject to change.**

YEAR 1	Tuition	Student Association	Technology	est. TOTAL
Term 1	\$2268.00	\$202.50	\$180.00	\$2,650.50
Term 2	\$1812.00	\$162.00	\$144.00	\$2,118.00
Term 3	\$456.00	\$40.50	\$36.00	\$532.50
				\$5,301.00

YEAR 2	Tuition	Student Association	Technology	est. TOTAL
Term 1	\$2584.00	\$229.50	\$204.00	\$3,017.50
Term 2	\$2128.00	\$189.00	\$168.00	\$2,485.00
				\$5,502.50

Supplies and other costs per course (not paid to NLC)

PROGRAM OFFERINGS: Any location

Program Offering Dates

Term 1: September 2 – December 18, 2025

Term 2: January 2 – April 22, 2026

Term 3: May 1 – June 25, 2026

DEADLINES: Completed application packages for September will be reviewed as they are received. Students are accepted on a first qualified, first accepted, basis.

Applications should be submitted no later than June 30, 2025. Payment and course registration are required at least 10 business days prior to the term start date (August 21, 2025).

If funding is required, applicants are advised to apply early.

Waitlisted students from the previous academic year, will be provided priority seating for the next offering.

APPLICATION PROCESS:

- **APPLICATION:** Complete the Northern Lakes College application form (available on the college website): www.northernlakescollege.ca
- **TRANSCRIPTS:** Provide official high school and/or post-secondary transcripts. These must be forwarded directly to Northern Lakes College, Admissions Services, from the granting institution (there may be a charge for this). When transcripts are received at NLC, they are reviewed to determine if the academic requirements for admission to the program are met.
- **ACCEPTANCE:** Applicants who meet the academic requirements will be accepted and offered a space in the next available offering of the program. In some cases, the spaces may be full and accepted applicants will be placed on a waitlist. These applicants will be accepted in the order of 'first qualified, first served.' Applicants will receive a letter informing them of their acceptance status.
- **FUNDING:** Applicants are encouraged to check on funding options early (minimum of 2 months prior to the program start date). Applicants should visit <http://studentaid.alberta.ca/> for loans, grants and provincial scholarships. For bursary information, please visit <http://nadc.ca/our-bursaries/>. Northern Lakes College also offers awards for our students. Specific awards related to this program include: CCEC Partnership Bursary, Roland Gladue Memorials Scholarship and the TransCanada Partnership Award. Please visit the Financial Aid, Scholarships and funding page <https://www.northernlakescollege.ca/future-students/financial-aid-scholarships-and-funding> for more information.
- **REGISTRATION & COMMITMENT FEE:** Accepted applicants in all career programs will be required to complete registration forms (to follow at a later date). This registration includes a \$100.00 (domestic student) or \$5,000.00 (international student) Commitment fee deposit. This fee is **non-refundable & non-deferrable** and will be applied to your tuition once the term begins. Payment in full will be required a minimum of 2 weeks prior to the program start date.
- **ORIENTATION:** Before the start date of the program, accepted applicants will receive information about registration dates, times, locations and other information to assist them in planning. Students must attend Orientation at one of the dates and locations supplied.
- **PERSONAL EMAIL ADDRESSES:** Northern Lakes College uses email to quickly contact students. If possible, please ensure you have provided an accurate email address where we can reach you.

CONTACT INFORMATION:

For any assistance, questions or concerns, the following college staff are available:

Program Coordinator: Heidi Panych 1-780-843-8325

email: panychh@northernlakescollege.ca

Questions about program content, course selection/transferability, employment opportunities for the program

Other Inquiries: Admissions Services 1-866-652-3456

email: admissions@northernlakescollege.ca

General inquiries about College services & programs; student housing, library, and facilities