

Northern Lakes  
College is a pioneer  
in providing  
students a quality,  
online education  
while providing the  
learning supports  
needed to succeed.



Same quality safety training education you would receive in a classroom, just online!  
Classes are available 24 hours a day, seven days a week.

# SAFETY AND DRIVER TRAINING ONLINE



**NORTHERN LAKES**  
**COLLEGE**

**CONTINUING EDUCATION &  
CORPORATE TRAINING**

***Register Online Today!***

[www.northernlakescollege.ca/cect](http://www.northernlakescollege.ca/cect)

[cect@northernlakescollege.ca](mailto:cect@northernlakescollege.ca)

Toll Free: 1-866-652-3456

Office Hours: Monday to Friday 8:15 a.m. - 4:30 p.m.

# SAFETY AND DRIVER TRAINING ONLINE

*Online and available anywhere!*

## ALBERTA BASIC SECURITY TRAINING (ABST)

(Code: SA211-OL)

In this course you'll master the basics of becoming a licensed security guard. You will also learn advanced patrol techniques, how to handle difficult people and situations, and crisis management. This training is approved in Alberta (ABST).

## CANNABIS WORKPLACE SAFETY FOR EMPLOYEES

(Code: SA210-OL)

In this course, employees will learn about Cannabis and its effects, employer and employee responsibilities and how to manage risks and make safe choices.

## CANNABIS WORKPLACE SAFETY FOR EMPLOYERS

(Code: SA209-OL)

In this course, human resource staff, managers, and employers will learn about risk management and impairment management, Federal, Provincial, and local cannabis legislation/regulations, common gaps in cannabis safety programs, assessing and improving cannabis safety programs, and making the best choices around safe employee cannabis use.

## FOOD SAFETY CERTIFICATION

(Code: SA215-OL)

Food Safety Certification is an effective way to gain Food Safety (Food Handler) Certification without the restriction of attending an in-class seminar; an ideal strategy for those with a busy schedule. The interactive course allows learners to gain quality knowledge about food safety, as well thoroughly prepares learners for the certification exam. This certification course is recommended for anyone that serves food to others, especially those who serve food to the public.

## COMMON SAFETY ORIENTATION

(Code: SA207-OL)

This online course provides consistent safety messaging that clearly explains safe work practices and eliminates the need for redundant general orientation training.

Classes are available 24 hours a day, seven days a week.

## MENTAL HEALTH & DE-ESCALATION TRAINING

(Code: SA213-OL)

This course is designed to improve the quality of interactions between police officers, security guards and those who have, or may have, mental health concerns. In doing this, it can improve safety for all participants and lead to better outcomes.

### ASK ABOUT OUR PRIVATE TRAINING!

A Continuing Education & Corporate Training Specialty

TRAINING ON YOUR TERMS. YOUR SCHEDULE.





---

***Online and available anywhere!***

---

## **CONFINED SPACE ENTRY AND MONITOR**

(Code: SA214-OL)

This online Confined Space Entry and Monitor course teaches participants to identify, understand and mitigate the potential hazards of working in restricted and confined spaces. Developed using the Canadian Standards Association's Z1006-16 Management of Work in Confined Spaces and the Canadian Association of Oil and Gas Producers' Code of Practice for Confined Space.

## **GROUND DISTURBANCE LEVEL II- ALBERTA (ABCGA ENDORSED)**

(Code: OG001-OL)

This online course is designed for any party that is supervising a ground disturbance, independently performing a ground disturbance, or issuing and receiving ground disturbance permits. The program ensures that personnel are familiar with, and fully understand, all the regulations and variances involved when a ground disturbance takes place.

## **PIPELINE CONSTRUCTION SAFETY TRAINING (PCST)**

(Code: SA208-OL)

This course has been designed and developed by the construction industry to address health and safety issues specific to pipeline construction in the oil and gas industry.

Online learning provides students with the flexibility to build their skills and advance in their career at their convenience.

---

**Online and available anywhere!**

---

## DEFENSIVE DRIVING

(Code: DT005-OL)

This six-hour online Defensive Driving program is approved by the Alberta Government for reduction of three demerits points from an Alberta operator's license. A minimum mark of 80% must be obtained on the final exam to qualify for the demerit point reduction. This program contains audio, video, and interactive exercises. If you are looking for a comprehensive defensive driving program that also is approved for demerit reduction, then this is it. This program teaches the trademarked SAFER System of Defensive Driving.



## DEFENSIVE DRIVING CONDENSED TRAINING

(Code: DT055-OL)

Our Defensive Driving course explores the six components of the SAFER System of defensive driving: Space, Attitude, Foresight, Eyesight, and Responsibility. This is a 3-hour online course. Note: If you are looking for a course to reduce the number of demerits on your license, check out our "Online Defensive Driving 3 Demerit Reduction" course.

## WINTER DRIVING COURSE

(Code: DT045-OL)

Winter driving is not easy, and at times it can be dangerous. This online Winter Driving course is designed for organizations and individuals who wish to review and enhance their winter driving knowledge. The course covers everything from pre-winter strategies through to steering and braking in emergencies.

## PROFESSIONAL DRIVER IMPROVEMENT COURSE

(Code: DT004-OL)

This program is designed specifically for professional truck drivers. It is government approved program that is highlighted by Fleet Safety International's internationally recognized SAFER System of defensive driving. Successful participants receive a three demerit reduction off their license.

## FATIGUE MANAGEMENT FOR SUPERVISORS AND DRIVERS TRAINING

(Code: DT040-OL)

Driver fatigue is a major contributing factor to on-the-job vehicular accidents, absenteeism, and lowered productivity. Tired drivers can cost your company money or even worse, lose their lives. This online course explains the nature of fatigue, the extent to which it can affect drivers, and strategies to mitigate and eliminate driving fatigue. The course consists of two separate modules: one for drivers and one for people in a supervisory role, either of which can be selected at the start of the course.



**Ask about  
our Private  
Training!**





## DAILY PRE-TRIP INSPECTIONS TRAINING

(Code: DT036-OL)

Pre-trips are mandatory under current regulations and drivers are accountable and responsible for defects found on their units. Understanding and effectively applying the vehicle inspection concepts explained in this online course will help truck drivers and their fellow drivers around them road safe.

The same quality instruction you receive in a traditional classroom, offered in a convenient online environment.

---

***Online and available anywhere!***

---

## TRANSPORTATION OF DANGEROUS GOODS (TDG)

(Code: SA001-OL)

This award-winning TDG online course includes a thorough exam and printable certificate to meet Transport Canada's training requirements for all employees involved in the transportation of dangerous goods. The course features video, animations, learning games and skill-building exercises and takes anywhere from 1.5 to 4 hours to complete.

## AIR BRAKES GUIDE AND REFRESHER PROGRAM

(Code: DT006-OL)

This online Air Brakes course is designed as a refresher and study aid for individuals who will write an Alberta Air Brake knowledge test at a registry. This course is also ideal for individuals or corporations with employees who need air brake refresher training.

Classes are available 24 hours a day, seven days a week.





---

***Online and available anywhere!***

---

### **NORTH AMERICAN CARGO SECUREMENT TRAINING**

**(Code: DT038-OL)**

This online North American Cargo Securement Program is designed to explain the fundamentals and general requirements of cargo securement, based upon the National Safety Code for Motor Carriers (Standard 10). After completing this course, an understanding should be gained of the cargo securement standard, requirements of carriers and drivers, and general cargo securement requirements including the securement system, minimum strength requirements, tie-downs and edge protectors, and cargo placement.



***Ask about  
our Private  
Training!***

### **CANADIAN FEDERAL HOURS OF SERVICE TRAINING**

**(Code: DT043-OL)**

This online Canadian Hours of Service course covers the specifics of the regulations. After completing this course, an understanding should be gained of the regulations governing hours of service in Canada; documentation requirements; responsibilities of carriers, shippers, and drivers; mandatory off-duty times and on-duty time limits; and, exemptions to the daily limits.

### **CANADIAN HEAVY TRUCK WEIGHT AND DIMENSION TRAINING**

**(Code: DT041-OL)**

This program will present essential, up-to-date information about the weights and dimension regulations set forth in NSC Standard 10 Cargo Securement, and will also cover the ways in which the regulations differ by province.

### **SCHOOL BUS DRIVER INSPECTION PROGRAM TRAINING**

**(Code: DT044-OL)**

Conducting proper school bus inspections is both a moral and a legal obligation for school bus operators. This program covers vital inspection information and is an excellent review of all aspects of conducting Pre-trip Inspections, On the Road Checks, and Post Trips.

### **WORKPLACE HAZARDOUS MATERIALS INFORMATION SYSTEMS (WHMIS)**

**(Code: SA002-OL)**

Danatec's award-winning, industry recognized WHMIS online training course is for initial or re-certification training. This course meets all of Health Canada's training requirements under the Hazardous Products Regulations, for all persons involved in handling workplace chemicals.



***Online and available anywhere!***

### **AERIAL WORK PLATFORM / ELEVATING WORK PLATFORM SCISSOR & BOOM CERTIFICATION**

(Code: SA094-OL)

This comprehensive Canadian EWP course exceeds all CSA / OHS requirements for classroom operator safety training certification in all Canadian provinces and territories. Covering Scissor, straight stick boom, and articulating boom lifts.

### **FORKLIFT/LIFT TRUCK CERTIFICATION ONLINE TRAINING**

(Code: SA093-OL)

This comprehensive Canadian forklift course exceeds all CSA/OHS requirements for classroom operator safety training certification in all Canadian provinces and territories. The course covers requirements for lift truck classes 1-6 (sit down, stand up narrow aisle, walkie-rider).

### **SKID-STEER LOADER CERTIFICATION**

(Code: SA096-OL)

This comprehensive Canadian skid steer course exceeds all CSA/OHS requirements for classroom operator safety training certification in all Canadian provinces and territories.

### **BEAR AWARENESS**

(Code: SA044-OL)

The industry recognized Bear Awareness online course offers a comprehensive awareness education. Utilizing interactive audio, pictures, narrations, simulations, videos, quizzes and a final exam, the Bear Essentials will equip individuals with the knowledge of the types of bears in Alberta, their habits and habitat, and how you can keep safe when venturing into bear country for work or play.

*Register Online  
Today!*

## **WILDERNESS AWARENESS ONLINE TRAINING**

(Code: SA201-OL)

The biggest danger that people face in outdoor survival situations is being unprepared. Accordingly, this online course, which includes interviews with experts on various aspects of outdoor survival, provides information that will assist you to handle most situations that you may encounter in the outdoors when help isn't just around the corner.

## **FALL PROTECTION**

(Code: SA216-OL)

This Online Fall Arrest Protection Course will guide you through all aspects of Fall Arrest, from the different types of Fall Protection, to what personal protective equipment to use and how to calculate Fall Clearances

### **ASK ABOUT OUR PRIVATE TRAINING!**

A Continuing Education  
& Corporate Training  
Specialty

**TRAINING  
ON YOUR  
TERMS. YOUR  
SCHEDULE.**



## CONTINUING EDUCATION & CORPORATE TRAINING

### **REGISTER ONLINE TODAY!**

[www.northernlakescollege.ca/cect](http://www.northernlakescollege.ca/cect)  
1201 Main Street SE, Slave Lake, AB T0G 2A3  
1-866-652-3456  
780-849-8623  
[cect@northernlakescollege.ca](mailto:cect@northernlakescollege.ca)  
Monday to Friday 8:15 a.m. – 4:30 p.m.

Northern Lakes College understands that every organization is different, and has different training needs, which is why we offer a wide range of courses that are customizable, so the training suits your needs. Courses can be delivered according to your timetable. Prices will be quoted upon request.

Available to groups of businesses upon request: Courses offered through **NLC LIVE Online™**, is where students have scheduled classes online, students log in to a program with instructors and peers on the same day, at the same time.

**NLC Anytime, Anywhere:** Courses where you do not have scheduled classes, but where you log in to a program online at any time and do your work. Prices will be quoted upon request.

***We can also customize any of the training to meet your needs!***

## PRIVATE COURSE TRAINING